

Hospital Discharge Checklist



When leaving the hospital:

I have made a note of my medication start and stop dates

When you are home:

I have read through any literature or website details for further information on my disease

I have consulted the letter I was sent home with (discharge letter) describing the detail of how to take my medication. (If you did not receive the aforementioned letter, your GP will be able to go through this with you)

I have set reminders/informed my family member/friend/carer of when I need to take my medication

Within two weeks:

I have scheduled my first appointment with my GP

I have spoken to my Cardiac Rehabilitation centre to arrange attendance. This will be for a duration of ≥ 8 weeks

Within two months:

- Your cardiologist will arrange to see you as an outpatient several months after your hospital admission, but when this is depends on the local trust policies
- Before leaving hospital make sure you know when the cardiologist intends to see you for your outpatient follow-up appointment
- If you do not receive the outpatient follow-up appointment contact the cardiologist's secretary or see your GP